

SAINT JEAN D'ARVES :

A WIDE RANGE OF ACTIVITIES FOR GROUPS

SUMMER 2011

Warning : Informations and prices are indicative, subject providers.

Supervised outing with the Mountain Leaders (hiking, hiking with donkeys...), slideshow commented...			
Contact	« Bureau Montagne des Arves », Patrick SCHLATTER		
Address	La Chal - Chalet Le Frêne – 73530 ST JEAN D'ARVES Website : http://bma.lesaem.org Email : bma@lesaem.org HIKING : Office : 00 33 (0)4 79 59 79 40 / Cell phone : 00 33 (0)6 76 87 08 08 ACTIVITIES WITH DONKEYS : Farm :00 33 (0)4 79 59 79 49 Cell phone:00 33(0)6 76 87 08 09		
Terms	Hiking boots and a bag well prepared!		
Activities	1- Activity suitable for school. 2- Activity for young people accommodated in holiday resort and roaming. 3- Activity for groups with custom activities : association, works, seminars... 4- Special mediation indoor (slideshow commented) or on the spot. 5- Possibility to have special mediation in English only.		
Duration	Period of activity can be from a half day to several day.		
Prices	Activities	Prices 2011	Learning ground
	Slideshow commented	120€	100€
	Half day	120€	100€
	Day	200€	150€
	Half day with donkeys	175€	
	Donkeys farm visit	140€	140€
	Day with donkeys	295€	250€
Period of activity	During all the year.		
Place of activity	Intervention on every mountains.		
Good to know...	The Bureau Montagne des Arves consists of many professionals who are specialists in a particular area (heritage, botanic, wildlife, geology, walks with donkeys) and other skills (trainers, sports teacher, engineer in agronomy). To receive full documentation and obtain assistance for project development, contact them.		

Climbing, Via Ferrata and High mountain guide	
Contact	Michel CHAIX, High mountain guide
Address	Phone number : 00 33 (0)4 79 59 74 06 or 00 33 (0)6 84 93 77 91
Terms	For beginners or for training. From 6 years old.
Duration	Climbing, Via Ferrata : 2H High mountain : adjustable trip.
Prices	Contact the provider.
Period of activity	During all the year.
Place of activity	Climbing and Via Ferrata : St Sorlin d' Arves. High mountain : on every mountains.
Good to know ...	Equipment provided.

Breeding donkeys, walks with donkeys, donkey farm visit, workshop about donkeys	
Contact	« Anes en Montagne », Marie DAUPHIN
Address	Le Mollard – 73530 St Jean d’Arves Phone number : 00 33(0)4 79 59 79 49 or 00 33 (0)6 76 87 08 09 Website : www.ansenmontagne.com Email : mpdauphin@gmail.com
Duration	Public concerned : school, learning, recreation center, holidays center, visitors with disabilities... Groups : between 10 and 15 persons From 5 years old to students.
Period	Half day, day or several days.
Prices	Depends of the activity. Donkey farm visit : 140 €/ group of 12 pers. Walking ½ day : 175€, day : 295€ or several day : ontact provider.
Period of activity	During all the year. On booking.
Place of activity	The donkey farm : St Jean d’Arves – Le Mollard
Good to know ...	All speakers hold a patent status « Mountain Leaders ».

Acrobatic courses in the trees ARVANTURE	
Contact	« Arvantage », Eric BLONDEAU
Address	Cluny – 73530 St Sorlin d’Arves Phone number : 00 33 (0)6 89 58 19 02 Email : arvantage@wanadoo.fr
Terms	Groups from 12 persons. Range of acrobatic course depending on the size (min : 1m10): - Large course for children over 1m40 - Small course for children from 1m10 to 1m40
Duration	About 2 h
Prices	Groups : contact the provider.
Period of activity	July - August : every day from 9.00am to 5.00pm. April, May, June, September, October : on booking.
Place of activity	St Sorlin d’Arves – Cluny 300m below the cheese shop, on the RD 926.
Good to know ...	Hiking boots. Parents have to be present on the site for minors under 18 years old.

PAINTBALL	
Contact	« Le repaire de la Marmotte » Audric BONNAFOUS
Address	73530 St Sorlin d’Arves Tel : 00 33 (0)6 63 28 90 71 Website : www.paintball-maurienne.fr Email : audric7s@hotmail.fr
Terms	2 groups : 8-11 yo and 12yo and more
Duration	From 1h30 to a day
Prices	Contact the provider.
Place of activity	Near from football stadium, in “Plan du Moulin” – St Sorlin d’Arves (3km)
Good to know ...	Closed shoes recommended

Mountain bike rental

Contact	SKISET Shop - Patricia et Yvon Hustache
Address	SARL Le Crêt de la Grange Phone number : 00 33 (0)4 79 59 71 81 Website : www.skiset-saintjeandarves.com Email : lecretdelagrance@orange.fr
Terms	Activity for more than 10 yo Group rates from 8 persons
Duration	Rental group half day, day or several days.
Prices	Half day : 15€/persons Full day : 19€/persons Credit card accepted. Contact the provider.
Period of activity	Summer
Place of activity	St Jean d'Arves – La Chal
Good to know ...	Possibility of delivery bike directly in the holidays center. Possibility to have a supervised riding with a qualified mountain bike instructor.

Husky dogs hiking

Contact	«White Forest», Samuel FOREST
Address	Phone number : 00 33 (0)6 19 52 11 19 Head office : Phone number/Fax : 00 32 61 46 98 98 www.witheforest.be info@whiteforest.be
Terms	Walks connected to a sled dog by a waist (husky, malamut) From 7 years old Groups of 20 persons approximately.
Duration	About 3h in the morning or in the afternoon. Possibility walks with dogs during 2 days.
Prices 2010	9€ under 12 years old 14€ per adult 50€ for 2 days
Period of activity	01/07/11 to 31/08/11
Place of activity	St Jean d'Arves
Good to know ...	You need to book ! Possibility of evolving program over several days

Paragliding and microlight

Contact	Dominique HENRY
Address	Phone number : 00 33 (0)6 80 15 86 47 Website : www.sybailes.fr.sitew.com Email : dom.henry@hotmail.fr
Terms	Discover the Sybelles area with a professional.
Duration	Microlight : 15 min or 30 min. Paragliding : depends on the flight.
Prices	Contact the provider.
Period of activity	Summer
Place of activity	St Jean d'Arves and St Sorlin d'Arves
Good to know...	

Trampojump	
Contact	Tourist office – St Jean d’ Arves
Address	Phone number : 00 33 (0)4 79 59 73 30 Email : info@sj73.com
Terms	From 4 years old and until 90kg
Duration	7mn/passage
Prices	Contact the provider.
Period of the activity	During Summer / all year long on request
Place of activity	St Jean d’ Arves – La Chal
Good to know ...	Let’s reach the Arves peaks by jumping on a incredible trampoline!

Archery	
Contact	Tourist office – St Jean d’ Arves
Address	Phone number : 00 33 (0)4 79 59 73 30 Email : info@sj73.com
Terms	From 7 years old.
Duration	Learning during 1 hour for 12 pers. maxi or training : 5 X 1H or 5 X 2H
Prices	1H : 34€ /12 pers. Buy 10h, get 1 free.
Period of the activity	During summer
Place of activity	St Jean d’ Arves – La Chal
Good to know ...	Discover archery in a beautiful setting with a federal instructor.

Tennis	
Contact	Qualified tennis instructor : Mathieu Escoffier
Address	Le Grenier – 73530 St Sorlin d’ Arves Phone number : 00 33 (0)6 64 28 56 34
Terms	Tennis lesson, Rental of tennis court racket From 5 year old.
Duration	By formula
Prices	Court rental : 7€/h. Racket rental : 1€/h/racket. one week collective lessons... : contact the provider. Credit card not accepted
Period of activity	July - August
Place of activity	St Jean d’ Arves – La Chal
Good to know ...	Two synthetic grass courts

Cheese dairy and cheese shop visit	
Contact	« Coopérative laitière de la vallée des Arves »
Address	Belluard - 73530 St Sorlin d’ Arves Phone number : 00 33 (0)4 79 59 70 16 Email : coopdesarves@orange.fr
Terms	Max : 30/35 persons.
Duration	Visit : 1h
Prices	Free. Booking required for groups.
Period of activity	From 1 st july to 31 th august : guided tour Out these dates : free visit.
Place of activity	St Sorlin d’ Arves - Belluard
Good to know ...	Visit the making and maturing cellars. Disabled access.

Horse and pony riding

Contact	Association Arvan Equitation
Address	Les Chambons – 73530 St Jean d'Arves Phone number : 00 33 (0)4 79 59 70 87 or 00 33 (0)6 07 86 98 09
Terms	-
Duration	By formula.
Prices	Contact the provider.
Period of activity	Summer or all the year (except winter)
Place of activity	St Jean d'Arves – Les Chambons
Good to know ...	Horse ride with a guide through the Arve's valley for 1h and more. Rental ponies.

Minigolf

Contact	Arvan Minigolf
Address	Information at the equestrian center. Les Chambons – 73530 St Jean d'Arves Phone number : 00 33 (0)4 79 59 70 87 or 00 33 (0)6 07 86 98 09
Terms	-
Duration	-
Prices	Contact the provider.
Period of activity	Summer
Place of activity	St Jean d'Arves – Les Chambons (Equestrian center)
Good to know ...	-

Cinema

Contact	Cinema « Les Aiguilles », Jean-Marie ROUSSE
Address	Informations : 00 33 (0)4 79 05 06 44 – 00 33 (0)4 79 59 73 30 Groups booking : 00 33 (0)6 77 81 33 72
Terms	Children until 16 years old have to be accompanied by adults, 1 adult for 10 children.
Duration	Duration of the film
Prices	Discount : 5,50€ - 4€ : more than 20 pers.
Period of activity	During summer (from middle June to middle of september)
Place of activity	St Jean d'Arves – La Chal
Good to know ...	More than 10 children, you need to book.

Public library

Contact	Valéry DEMANGE
Address	La Tour – 73530 St Jean d'Arves Phone number : 00 33 (0)4 79 56 89 15 or 00 33 (0)6 83 03 00 78 Email : bibliothequestjeandarves@orange.fr
Terms	For everybody. Groups : 10 pers max. BD, romances, documentary ...
Duration	-
Prices	Groups : 30€ + deposit
Period of activity	During summer season : Tuesday - Friday 5.30-7.30 pm, saturday 1.30-6.30 pm
Place of activity	St Jean d'Arves – La Tour, above school
Good to know ...	Possibility to reserve books, lending for groups. Disabled access.

Infusions des Aiguilles d'Arves, aromatic and medicinal plants	
Contact	Manu BURLOT, gatherer of plants
Address	Plan Gaspard - 73530 St Jean d'Arves Phone number : 00 33 (0)6 87 00 73 96
Terms	-
Period of activity	-
Prices	Contact the provider.
Period of activity	Present on the market day in La Chal : Wednesday from 3.00 to 7.00 pm
Place of activity	St Jean d'Arves
Good to know ...	

Honey making	
Contact	Sébastien Duraz
Address	Les Chambons – Le Charvin – 73530 St Jean d'Arves Phone number : 00 33 (0)6 84 78 79 36 sebastienduraz-abeille@hotmail.fr
Terms	For everybody.
Duration	45mn
Prices	Free visit. Booking for groups required.
Period of activity	All year on booking .
Place of activity	St Jean d'Arves - Les Chambons - Le Charvin
Good to know ...	Discover bee's world, honey production and products (lollipops, candles, soaps...) Beekeeping introduction on reservation.

MUSEUM ASPECTS	
Contact	Mme Novel Micheline
Address	Near the church - 73530 St Sorlin d'Arves Phone number : 00 33 (0)4.79.59.71.51 or 00 33 (0)6.42.15.20.19 museesaintsorlin@orange.fr
Terms	-
Duration	July - August (visit : 30 or 45 min).
Prices	Free visit.
Period of activity	July - August
Place of activity	Nearby the church. 73530 St Sorlin d'Arves.
Good to know ...	Open on Thursday 3.30 to 6.00 pm.

**Have a nice stay
In Saint Jean d'Arves !**